

Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last **a lifetime.**

EATING HABITS
do not just happen —
they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

All child care providers can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food and encouraging children to eat a variety of foods.

TRAINING
REQUIREMENTS

Providers must attend food program training every year. Your sponsor will help you decide which training you will need in order to be on the program and help you keep your training current.

2007-08

FAMILY DAY CARE HOMES PROGRAM

CHILD NUTRITION PROGRAMS

Utah State Office of Education
250 East 500 South
P.O. Box 144200
Salt Lake City, UT 84114-4200
Phone: 801-538-7680

FAMILY DAY CARE SPONSORS IN UTAH

Alliance for Children

Paula Barton
4568 South Highland Drive, #240
Salt Lake City, UT 84117-4263
Phone: 801-277-0927
Toll-Free: 1-800-773-4731
Utah County Phone: 801-224-2009
E-mail: afcbart@mindspring.com

C & W Incorporated

Joni Greenwell
8364 S. Top of the World Drive
Salt Lake City, UT 84121-6058
Phone: 801-733-9446
Toll-Free: 1-877-733-9446
Davis County Phone: 801-499-2421
E-mail: candwfoodprogram@earthlink.net

Child Day Care Nutrition Program

Jeanie Peck
6830 Old Main Hill, USU
Logan, UT 84322-6830
Phone: 435-797-2169
Toll-Free: 1-800-540-2169
E-mail: jeanie@cpd2.usu.edu

Child Management Associates

Lesley Ann Shaw
124 South 400 East, Suite 210
Salt Lake City, UT 84111-2135
Phone: 801-973-8627
Toll-Free: 1-800-223-3317
E-mail: child_managementcma@hotmail.com

Helping Hands

Susan Ison
2964 West 4700 South, #210
West Valley City, UT 84118-2557
Phone: 801-955-6234
Toll-Free: 1-888-982-3663
E-mail: Helpinghands@eschelon.com

Hill USDA Child Nutrition Program

Stephanie Hern
75 MSG/SVYD
5731 "E" Avenue, Bldg. 460
Hill AFB, UT 84056
Phone: 801-777-0695
E-mail: stephanie.hern@hill.af.mil

INCA—Infants Nutrition and Care Associates

Debra Holbrook
333 2nd Street, #15
Ogden, UT 84404-7406
Phone: 801-393-0222
Toll-Free: 1-800-748-5155
E-mail: debra.holbrook@y-wire.com

Orem Child Care Nutrition Program

Dio Owczarzak
563 West 1700 North
Orem, UT 84057-2523
Phone: 801-224-2143
Toll-Free: 1-800-369-8936
E-mail: occnpg@qwest.net

Family Day Care Homes (FDCH) is a federally funded program designed to offer aid to help day care homes provide nutritious meals to children ages 12 and under.

THE (HILD AND ADULT CARE FOOD PROGRAM

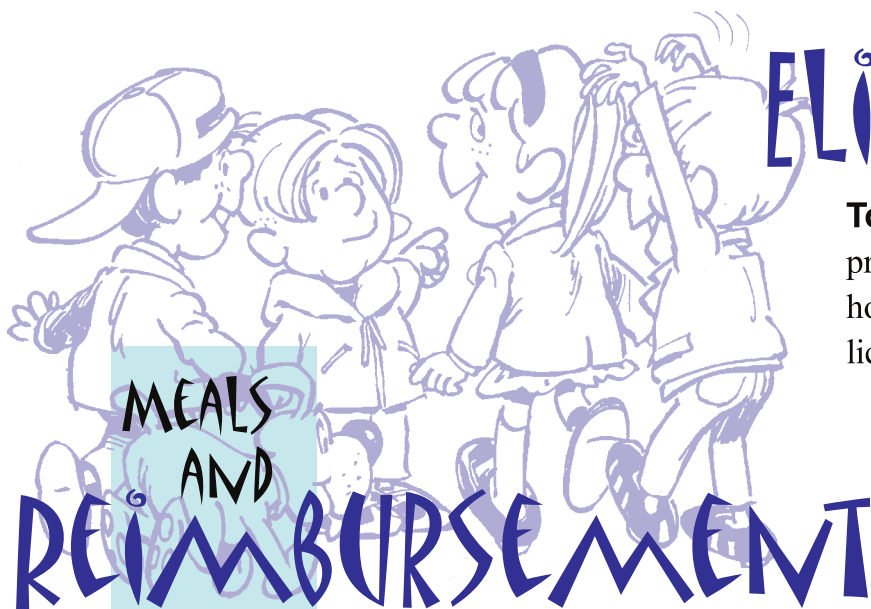


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Utah State Office of Education

Patti Harrington, Ed.D., State Superintendent of Public Instruction



MEALS AND REIMBURSEMENT

Family Day Care Home providers can be reimbursed for a maximum of two meals and one snack for each child each day. The provider submits a monthly claim to their sponsor for the meals they have served and receives a check for the meals from their sponsor.

ELIGIBILITY

To qualify for the FDCH program, family day care homes must be state licensed or state-certified.

2007-08 RATES

Meal	Tier I	Tier II
Breakfast	\$1.11	\$.41
Lunch/Supper	\$2.06	\$1.24
Snack	\$.61	\$.17

There are two levels of reimbursement:

TIER I is the higher level of reimbursement and is assigned when the provider is located in a low-income area or is a low-income household. Tier I reimbursement is also received for children who are from low-income households. Your sponsor will determine which rate your home will receive.

TIER II reimbursement is received for all other households.

FOR MORE INFORMATION

Contact any of the sponsoring organizations on the other side of this handout for more information. A Family Day Care Home provider can choose any of the sponsors, but once they sign an agreement with a sponsor, they cannot transfer to a different sponsor before the annual renewal date of their agreement and must complete a request for transfer.

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